The Ancient Egypt Times

BY LAURA W

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What did they eat?

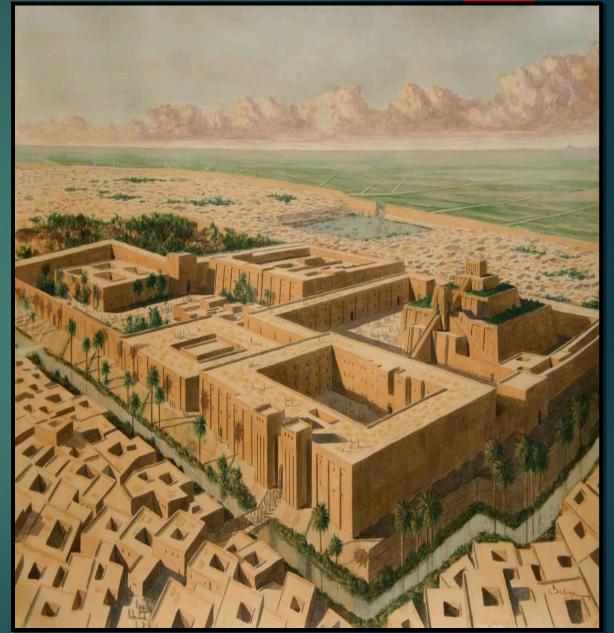
- The ancient Egyptians loved garlic. They also ate green vegetables, lentils, figs, dates, onions, fish, birds, eggs, cheese, and butter.
- ► Their staple foods were bread and beer. Breads were sweetened with dates, honey, and figs or dates.



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Where did they live?

- The Ancient Egyptians lived along the banks of the river Nile in Egypt. Farmers first settled in Egypt along the River Nile around 5000 B.C.
- Where do most people in Egypt live today? About 95 % of Egypt's population still live in the Nile valley (the area next to the river).



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What was daily life like?

- The people of ancient Egypt built mudbrick homes in villages and in the country.
- They grew some of their own food and traded in the villages for the food and goods they could not produce.
- Most ancient Egyptians worked as field hands, farmers, craftsmen and scribes. A small group of people were nobles.



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What jobs did they have?

- ▶ Jobs included bakers, priests, noblemen, soldiers, farmers, merchants, fishermen, hunters, craftsmen, artists, and scribes.
- ► There were many professions in ancient Egypt, most of which were inherited.



What did they do to entertain themselves?

- ► The Ancient Egyptians liked to play board games for fun. Two of the most popular board games were senet and mehen. ...
- ▶ It was so popular that many pharaohs were buried with senet boards so they would have something to do in the afterlife.
- Mehen was played on a round board with spaces shaped like a coiled snake.

