

**Compassion & Charity**  
**13<sup>th</sup> November 2018**

**Greeting and  
Lighting of  
candles**



**The Lord be with you  
and also with you.**

2 Thessalonians 3:16

**We worship together in the name of...**  
**The Father, The Son & The Holy Spirit**



# Superhero Day – This Friday



**TYPE 1**

# Superhero Day = Charity Work

## Compassion – a Core Value

- Understand other people better (Seb)
- Help those who need us (Lucas)
- The Lord is good to all (Harry)
- He's gracious & compassionate (Elliott)

(Psalm 145: 8-9)

# Type 1 Diabetes (T1D) – a serious disease

- T1D is a serious auto-immune disease (Seb)
- It can happen suddenly (Harry)
- It stops people making insulin (Elliott)
- So glucose (sugar) stays in the blood (Lucas)
  
- We cannot prevent it and there is currently no cure (Mr Hugill)

# Signs or symptoms of diabetes

## COULD YOUR CHILD HAVE TYPE 1 DIABETES?

Toilet  
Thirsty  
Tired  
Thinner

If your child is going to the toilet a lot, has increased thirst, is more tired than usual or is losing weight, it could be a sign they have Type 1 diabetes. If not diagnosed early enough, Type 1 diabetes can be fatal. Don't delay – if your child is experiencing any of the **4 Ts**, visit your doctor immediately for a test.

[www.diabetes.org.uk/The4Ts](http://www.diabetes.org.uk/The4Ts)

**DIABETES UK**  
CARE. CONNECT. CAMPAIGN.

A charity registered in England and Wales (1215199) and in Scotland (SC029136).

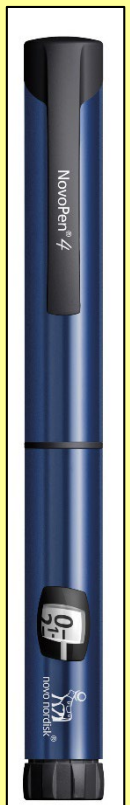
- Increased use of toilet (**Seb**)
- Increased thirst (**Lucas**)
- Often tired (**Harry**)
- Blurred vision (**Elliott**)
- Fruity smelling breath (**Seb**)
- Often hungry (**Lucas**)
- Weight loss (**Harry**)
- Moody or restless (**Elliott**)

# The Impact on Seb (& others)

- Glucose = too low or too high (Seb)
- They can feel ill, especially if they run around (Elliott)
- They may be hungry or thirsty (Lucas)
- They could be moody (Harry)

## AND they have to...

- Check glucose levels in their blood (Seb)
- Take insulin with: an injector or a pump (Elliott)
- Carefully plan their food & drink (Lucas)
- Don't eat, drink or exercise **without planning** it (Harry)



# Helping Out

Treat friends with diabetes with equality & respect **AND:**

- Recognise the signs or symptoms (Seb)
- Tell the teacher if they're unwell (Harry)
- Stay with them until an adult can help (Lucas)
- Understand they may need a drink/snack at any time (Elliott)
  
- Be compassionate about their feelings (Seb)
- Be tolerant of moods if he/she is unwell! (Harry)
- Check before sharing sweets/food (Lucas)
- Be kind and helpful in games/sport (Elliott)



# So Children with T1D can...

- Do everything all children can do
- Eat the same foods
- Do the same activities and sports
- Go on school trips
- Have sleepovers
- But they just need to plan ahead





**This little light of mine, I'm gonna let it shine**  
This little light of mine, I'm gonna let it shine  
This little light of mine, I'm gonna let it shine  
Let it shine, let it shine, let it shine

The light that shines is the light of love  
Lights the darkness from above  
It shines on me and it shines on you  
And shows what the power of love can do  
I'm gonna shine my light both far and near  
I'm gonna shine my light both bright and clear  
Where there's a dark corner in this land  
I'm gonna let my little light shine

This little light of mine, I'm gonna let it shine  
This little light of mine, I'm gonna let it shine  
This little light of mine, I'm gonna let it shine  
Let it shine, let it shine, let it shine

On Monday, he gave me the gift of love  
Tuesday, peace came from above  
On Wednesday he told me to have more faith  
On Thursday he gave me a little more grace  
Friday, he told me just to watch and pray  
Saturday, he told me just what to say  
On Sunday he gave me the power divine  
To let my little light shine

# Lily's School Prayer

Dear God

- Thank you for making our school a happy place
- Thank you for making learning exciting
- Thank you for the right to an education
- Thank you for our teachers helping us learn
- Thank you for teaching us to respect
- Thank you for teaching us equality
- Thank you for helping us to care for each other
- Thank you for showing us how to be kind
- Thank you for all that you do for us

**Amen**

## **Sending Out**

May the light of Christ our Lord  
shine in all our hearts

**Amen**

2 Corinthians 4:6