



PE Curriculum Overview (Topics with Planning Scheme)



	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 3	Invasion Games (Zoneball) PE planning and bespoke	Gymnastics PE Planning Scheme 1 lesson of floor work and 1 of apparatus	Gymnastics/Fitness PE Planning	Dance PE Hub scheme Unit 1	Athletics PE Planning Scheme	Striking and fielding (cricket) PE Planning Scheme
Year 4	Invasion Games Netball PE Planning Scheme	Dance PE Hub Scheme	Gymnastics PE Planning Scheme 1 lesson of floor work and 1 of apparatus	Gymnastics/Athletics PE Planning	Athletics/ Net/wall PE Planning Scheme Swimming	Net/wall PE Planning Scheme Swimming
Year 5	Invasion Games (hockey) PE Planning Scheme Swimming	Invasion Games completion/ Gymnastics – PE planning Swimming	Gymnastics PE Planning Scheme 1 lesson of floor work and 1 of apparatus/ Dance- PE Hub Unit1	Dance Dance - PE Hub Unit1 Fitness	Athletics PE Planning	Striking and fielding (rounders) PE Planning Scheme
Year 6	Invasion Games (Football/basketball) PE Planning Scheme	Gymnastics PE Planning Scheme 1 lesson of floor work and 1 of apparatus	Gymnastics/Fitness PE Planning	Dance PE Planning	Athletics PE Planning	Net/wall PE Planning Scheme

Notes:

Gym and dance can be done in an order to suit planning. Summer topics can also be either way.

In addition, children will have the opportunity to do additional enriching activities during the year e.g. assault course/team building session and 1 full day of Forest School per class. Y6 will also take part in Outdoor Adventurous Activities at Laches Wood OEC (or alternative).